



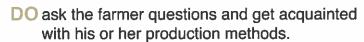
THE PRODUCE LADY

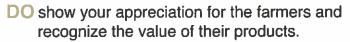
To Market, To Market

Five DOs and DON'Ts at the Farmers Market



- DO wash your hands before handling produce and use clean bags to transport produce.
- DO enjoy samples and try new items—ask for a recipe if you're not sure how to prepare something new.
- DO handle produce gently and let your children help select the produce.

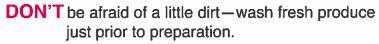


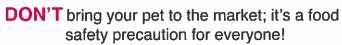




DON'T forget to bring cash.

DON'T handle produce you don't intend to purchase.





DON'T shop at the close of market expecting a bargain.



www.theproducelady.org